

a large volume of lidocaine for trochanteric bursitis. I have injected lidocaine alone in the rare patients with persistent symptoms because I see them as unresponsive to steroids.

The assessment and diagnosis of trochanteric bursitis was the thrust of our article. I often see patients who have had unneces-

sary radiographs and even orthopedic referrals for this common condition. Whether the medication used in the injection varies over time because of evolving science is a question that remains to be answered.

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REFERENCE

1. Coombes BK, Bisset L, Vicenzino B. Efficacy and safety of corticosteroid injections and other injections for management of tendinopathy: a systematic review of randomised controlled trials. *Lancet* 2010; 376:1751-67.

INSTRUCTIONS FOR AUTHORS

The *Canadian Journal of Rural Medicine (CJRM)* is a quarterly peer-reviewed journal available in print form and on the Internet. It is the first rural medical journal in the world indexed in Index Medicus, as well as MEDLINE/PubMed databases.

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