



srpc.ca  
cjrmm.ca

**SCIENTIFIC EDITOR**  
**RÉDACTEUR SCIENTIFIQUE**  
PETER HUTTEN-CZAPSKI, MD  
Haileybury, Ont.

**ASSOCIATE SCIENTIFIC EDITOR**  
**RÉDACTEUR SCIENTIFIQUE ASSOCIÉ**  
GORDON BROCK, MD  
Temiscaming, Que.

**MANAGING EDITOR**  
**DIRECTRICE DE LA RÉDACTION**  
SUZANNE KINGSMILL, BA, BSc, MSc  
Toronto, Ont.

**ASSISTANT EDITORS**  
**RÉDACTEURS ADJOINTS**  
MIKE GREEN, MD  
Kingston, Ont.

MARY JOHNSTON, MD  
Revelstoke, BC

TRINA M. LARSEN SOLES, MD  
Golden, BC

SARAH GILES, MD  
Ottawa, ON

JAMES ROURKE, MD  
St. John's, NL

RON SPICE, MD  
Okotoks, Alta.

GABE WOOLLAM, MD  
Happy Valley-Goose Bay, NL

Canadian Journal of Rural Medicine (CJRM) is owned by the Society of Rural Physicians of Canada (SRPC). It appears in Winter, Spring, Summer and Fall. It is printed by The Lowe-Martin Group, Ottawa, Ont.

Address all correspondence to:  
Editor, CJRM  
manedcjrmm@gmail.com

CJRM is indexed in Emerging Sources Citation Index, MEDLINE/Index Medicus, Web of Science

Publications Mail Agreement no. 4138705.  
Send address changes to: SRPC, Box 893,  
Shawville, QC J0X 2Y0  
819-647-7054  
819-647-1949; fax: 819-647-2485  
info@srpc.ca

ISSN 12037796

All prescription drug advertisements have been cleared by the Pharmaceutical Advertising Advisory Board.

Printed on acid-free paper from inception.

© 2020 Society of Rural Physicians of Canada  
| Published by Wolters Kluwer - Medknow



Canadian Journal

of  
**Rural  
Medicine**

Journal canadien

de la  
**médecine  
rurale**

**VOL. 26, No. 1, WINTER 2021 / HIVER 2021**

## EDITORIALS / ÉDITORIAUX

- 3 Using Wisely: Our health workforce is our most valuable resource — *Margaret Tromp, MD, FCFP, FRRMS*
- 4 Utiliser avec soin: Nos travailleurs en santé sont notre ressource la plus précieuse — *Margaret Tromp, MD, FCFP, FRRMS*
- 5 President's Message. A productive fall council meeting — *Gabe Woollam, MD, FCFP, FRRMS*
- 6 Message du président. Une productive réunion d'automne du conseil — *Gabe Woollam, MD, FCFP, FRRMS*

## ORIGINAL ARTICLES / ARTICLES ORIGINAUX

- 7 Integration of care in Northern Ontario: Rural health hubs and the patient medical home concept — *Sarah Newbery, CCFP, FCFP, FRRMS, Josée Malette, HBS, MD*
- 14 Fluoroquinolone use in a rural practice — *Len Kelly, MD, M Clin Sci, FCFP, FRRM, Yoko S Schreiber, MD, FRCPC, MSc (Epi), CIP, Josh Hopko, T Kirkwood, MPH, Ribal Kattini, Denise Poirier, RPN, Sharen Madden, MD, MSc*
- 19 Shared medical appointments for Innu patients with well-controlled diabetes in a Northern First Nation Community — *Yordan Karaivanov, MD, Emily E. Philpott, MA, Shabnam Aghbari, MD, PhD, John Graham, BA, David M. Lane, MPH*

## SHORT COMMUNICATION

- 28 Choosing Wisely Canada: Rural medicine list of recommendations — *Margaret Tromp, MD CFP, FCFP, FRRMS, Alexandra Dozzi, BSc (Mechanical Engineering), Kathleen Walsh, HBS*

## PROCEDURE ARTICLE

- 31 The occasional anorectal abscess — *Rhiannan Pinnell, BSc, Mitchell Crozier, BHK (Hons), Sarah M. Giles, BSc (Hons), MD*

## CASE REPORT

- 35 A buprenorphine-naloxone induction in the North — *Marcella K Jones, MD, MPH, CCFP, Matthew Quinn, MD, MHS, CCFP*

## WHAT WORKS

- 38 A rural community hospital's response to COVID-19 — *Arlan Walsh, MD, Zachary Warren, MD, FRCPC, Pierre Robichaud, MD, CCFP, Annette Stuart, RRT, CRE, CTE, Kelly Bodie, RN, BScN, MN, CON (C), Julia Lew, MD, Kieran Moore, MD, CCFP (EM), FCFP, MPH, DTM<sup>+</sup>H, FRCPC*

## LETTER TO EDITOR

- 42 Challenges in managing febrile patients in a rural emergency room during the COVID-19 pandemic — *Jooyoung Moon, MD, Hanna Moon, MD*



*Title: There's Joe & Jimmy! © 2014  
by Peter J Thompson  
Watercolour. Image size 10" X 14"  
<https://peterthompsonart.ca>*

*The country school bus is a memory  
many have, with early morning cold  
waits for the bus to appear.*

## ARE YOU AN AUTHOR OR A RESEARCHER?

Do you have an original research paper  
ready to submit?

Are you working on a research paper and  
looking to have it published?

Think of the Canadian Journal of Rural Medicine.

If you have a research paper archived,  
dust it off and send it in!

We welcome original research studies, case reports  
and literature reviews that have a rural medicine edge.  
(3500 words or less)

Submissions will be peer review for potential  
publication.

Learn more and find instructions online.  
[www.srpc.ca/cjrm](http://www.srpc.ca/cjrm)

## THE LISTSERV

SRPC members are welcome to join at any time. The  
Listserv is a network of physicians in rural practice,  
allied healthcare providers, and academia interested in  
rural medicine. RURALMED has a Canadian focus,  
and its purpose is to support rural practitioners,  
whether they be rural GP/FPs or rural specialists, by  
providing a forum for discussion, debate, and the  
exchange of ideas and information.

SRPC Members can contribute to, or follow the email  
discussions in any of the following groups.

RuralAnesthesia RuralMed MedRurale  
StudentRuralMed

Learn more or subscribe online.  
[www.srpc.ca/ruralmed](http://www.srpc.ca/ruralmed)