# MINITRAUMA FELLOWSHIP FOR ESS IN BC

VANCOUVER GENERAL HOSPITAL

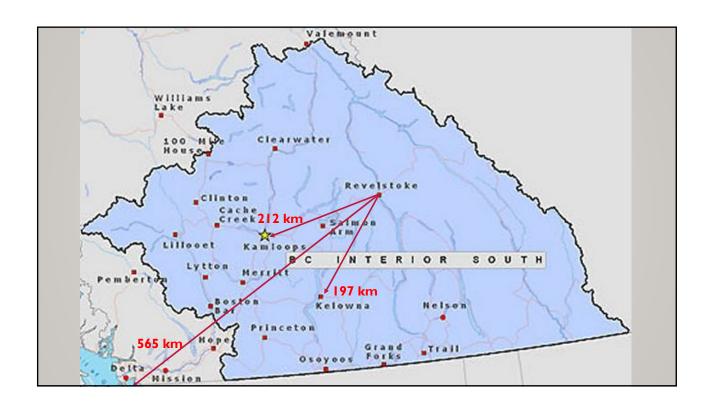
VIKKI HAINES, ESS, CFPC REVELSTOKE, BC

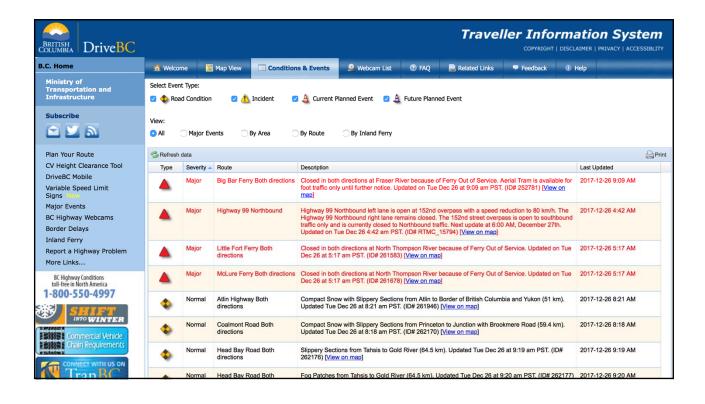




















## **REVELSTOKE**

- Trans Canada Highway heavy traffic, semi-trailers, distracted driving
- Adventure sports: mountain biking, dirt biking, rock climbing, down-hill snow sports, back country snowsports including heli-access, avalanches, snowmobiling
- Tourism holiday mind-set, risk taking, inexperience
- Industry sawmill, rail, logging, construction, fire fighting can be remotely located
- Rural lifestyle do-it-yourselfing power tools, chainsaws

#### ......WORKING OUT IN THE BOONIES

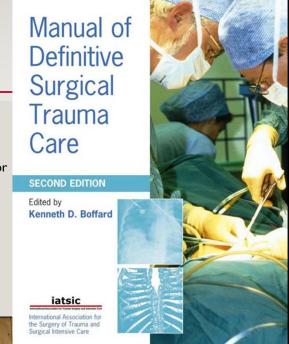
- Worldwide, the degree of trauma training and exposure for surgical residents varies widely
- Gaps in specialist surgical training due to organ specific specialization; lack of exposure to the variety of presentations throughout a residency period
- Trauma is the 5th leading cause of death for all ages in Canada
- What happens after ATLS? Definitive Surgical Trauma Care (DSTC)
- "the golden hour" the first hour after a traumatic injury during which there is the greatest likelihood that medical care will save a person's life.
- urban vs. rural trauma death rates time to definitive care

## THE MINITRAUMA FELLOWSHIP FOR ESS - 6 WEEKS

- Vancouver General Hospital Trauma Service
- · Courses: DSTC, Stop the Bleed
- Wet lab
- 4-5 weeks on trauma service rotation
- Upskilling
- · Regional and provincial relationship building amongst trauma care providers
- · Rural-Urban service network strengthening

# DEFINITIVE SURGICAL TRAUMA CARE (DSTC)

- 2-day course, didactic + wet lab
- a course designed to support surgeons who may deal with major trauma, and may not necessarily have the experience or expertise required
- many surgeons and ESS practicing outside major trauma centres lack expertise in dealing with life-threatening surgical situations due to lack of exposure, specialization
- timely and appropriate surgical intervention can improve the outcome of a severely injured patient.





- Layperson's course designed to incorporate bleeding control techniques into common first-aid knowledge at schools and workplaces
- hands-on experience packing wounds and learning proper bleeding control techniques, including how to use bandages, and tourniquets
- · Will take and certify as instructor

## PRE-REQUISITES:

- · CFPC, ESS CAC or equivalent
- Current ATLS
- Current practice within an environment supportive of enhanced trauma care delivery
  - Fracture immobilization, diagnostic U/S, OR, Anaesthesia, OR nurses
  - · Recognized role in regional trauma network, acknowledgement & support of regional trauma surgeons
  - Appropriate support network to aid in real time surgical decision making and telementoring
  - Remote tele-presence capability (desirable)
  - · Regional process in place for quality assurance, debriefing.

## OBJECTIVES: CLINICAL - KNOWLEDGE AND COMPETENCIES

- Resuscitation practices in the exsanguinating trauma patient (Damage Control Resuscitation, DCR) and in the burn patient (TSBC provincial burn guidelines)
- Principles of Damage Control Surgery (DCS).
- Control of extremity bleeding (STB)
- Control of junctional haemorrhage (STB/DSTC)
- Control of cavitary haemorrhage (DSTC)
  - Resuscitative thoracotomy and cardiorrhaphy for stab wounds of precordium.
  - Laparotomy: Liver packing, Splenic removal or hilar clamping, Mesenteric ligation
  - · Pre-peritoneal pelvic packing in exsanguinating patient with pelvic fracture
  - · Other life/limb surgical interventions in trauma patient (DSTC): Burr hole placement, Fasciotomy and escharotomy

## **OBJECTIVES: SYSTEM**

- Understand the structure and functioning of BC regional and provincial trauma systems.
- Establish close working relationships with principle players
- Establish clearly defined mentoring patterns and access within the trauma network
- · Familiarisation with a broad base of current trauma care, both operative and non-operative
- Understand the principles of providing care to the poly-traumatised patient
- familiarisation with current protocols utilised by trauma centres in BC.

## MINITRAUMA FELLOWSHIP PILOT INITIATIVE

- April I May 12, 2018
- VGH: Drs. Simons, Joos, Evans, Garraway, Hameed...
- · Revelstoke: colleagues on the call schedule at home. One guinea pig.
- Funding support from the Advanced Skills Training (AST) program of the Rural Education Action Plan (REAP BC), a standing educational support program of the Rural Coordination Centre of BC (RCCbc)
- Dr. Stu Iglesias

