### **ESS BANFF**

SURGICAL PEARLS, CASE DISCUSSIONS, INTRAOPERATIVE BLEEDING,
OPEN DISCUSSION
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### THIS SESSION...

- Is an interactive discussion of issues and complications not a didactic lecture!!!
- So far, requests have been received to cover:
- 3<sup>rd</sup> and 4<sup>th</sup> degree tears
- Intraoperative bleeding, including postpartum hemorrhage
- Extensions at C-section, especially of the angles
- Cervical tears
- "Gentle Cesarean" as seen on CNN
- More topics can be added to this list at your discretion

# FIRST OF ALL, THANK YOU!

• For what you do everyday.

## IN THE NEXT 30 MINUTES...

- We will start with a clinical example of each (either your cases or mine)
- We will discuss the specific issue, its epidemiology, prevention and treatment
- We will explore techniques to deal with each issue, using CNIS models

## 3RD AND 4TH DEGREE TEARS

- Cross reference with OASIS (Obstetrical Anal Sphincter Injuries), especially in the UK literature
- Overall incidence approx. 6% in primiparae, 1.7% in multips
- Upward trend is probably better reporting, not more cases.
- Specific concerns?

## 3RD AND 4TH DEGREE TEARS

- Most important points:
- Exposure, exposure, exposure
- Analgesia, analgesia, analgesia
- · Avoid figure of 8 sutures on mucosa
- · Assure complete closure, with careful rectal exam
- Mattress sutures for internal sphincter, or interrupted.
- Avoid overly tight sutures to avoid necrosis

## 3RD AND 4TH DEGREE TEARS

- Get help if possible (obviously)
- Broad spectrum antibiotics,
- Stool softeners
- Physio!!
- Demonstration...

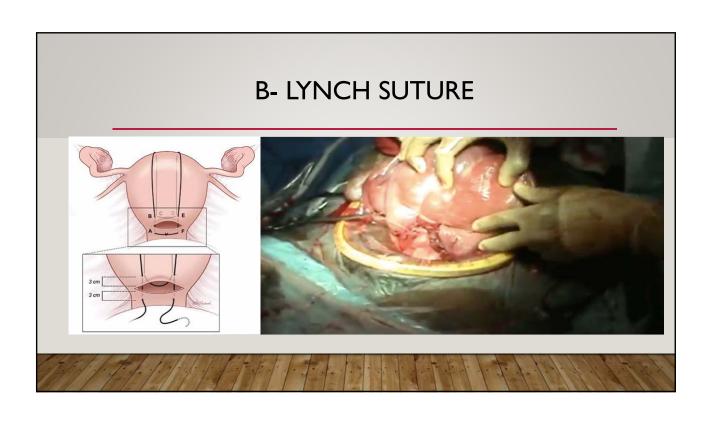
## **INTRAOPERATIVE BLEEDING AT C-SECTION**

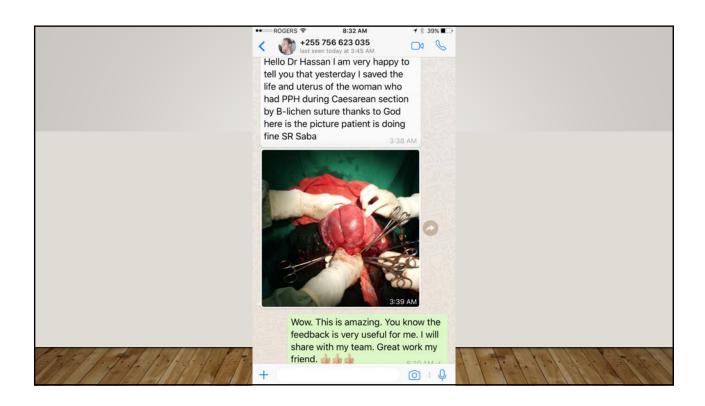
- Is source of bleeding obvious? If not:
- Follow usual protocol for postpartum hemorrhage ("Four Ts") to diagnose source of bleeding
- Don't forget usual medical management of PPH (oxy, hemabate, etc.)
- Move quickly and confidently

# **PPH – Surgical Management**

- \*Intrauterine Balloon Tamponade
- \*Uterine Compression Sutures
- Other options:
  - **Uterine Artery Ligation**
  - Internal iliac artery ligation
  - Hysterectomy

# BALLOON TAMPONADE IN THE MANAGEMENT OF POSTPARTUM HAEMORRHAGE:A REVIEW Drainage tip Gastric balloon Ocsophageal balloon Foley Bakri Sengstaken-blakemore Rusch Condom-catheter (B)GG: Anyfotograpational Journal of Obsterrics & Gynascology pages 76-37, 23 APR 2007 DOI: 10 (1114, 871-86)& 2007 021(3)







# B LYNCH DEMONSTRATION Using CNIS model

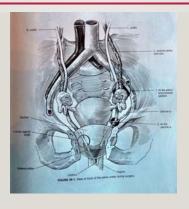
## **ANGLE EXTENSIONS**

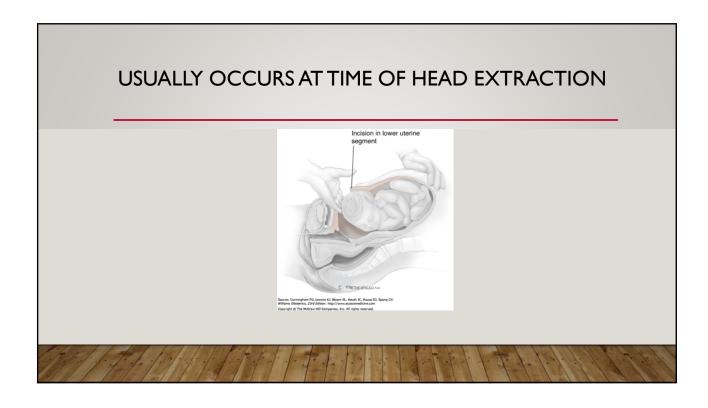
Common, and commonly missed

Exposure is paramount

Good assistance and good suction

# SITES OF INJURY OF PELVICURETER DURING SURGERY (CIRCLED)





## **ANGLE EXTENSION**

Demonstration using CNIS model

## **OPENING WITH A LOW PLACENTA**



# THE "GENTLE CESAREAN": WHAT'S IT ALL ABOUT? IS IT BETTER?

- Elements:
- Blunt dissection whenever possible
- Slower delivery of the head, baby to mom's abdomen
- Spontaneous deliver of placenta
- Uterus not exteriorized
- Layered closures vary

# **CERVICAL TEARS**

- Often undiagnosed until hours postpartum
- Simple technique to examine the cervix
- Simple technique to visualize the base of the tear
- Demonstration with CNIS model

## TIME PERMITTING...

- WHO Evidenced based Cesarean: why we do what we do
- (WHO video)