

Resources for Learning:

**Read:**

*A Knock at the Door: The Essential History of Residential Schools from the Truth and Reconciliation Commission of Canada:* <https://uofmpress.ca/books/detail/a-knock-on-the-door>

United Nations Declaration on the Rights of Indigenous Peoples (15 pages):  
[https://www.un.org/esa/socdev/unpfii/documents/DRIPS\\_en.pdf](https://www.un.org/esa/socdev/unpfii/documents/DRIPS_en.pdf)

Truth and Reconciliation Commission's Calls to Action (20 pages):  
[http://trc.ca/assets/pdf/Calls\\_to\\_Action\\_English2.pdf](http://trc.ca/assets/pdf/Calls_to_Action_English2.pdf)

National Inquiry into Missing and Murdered Indigenous Women and Girls Calls for Justice (48 pages):  
<https://www.mmiwg-ffada.ca/wp-content/uploads/2019/06/Calls-Web-Version-EN.docx>

Amnesty International's: 10 Ways to Be a Genuine Ally to Indigenous Communities:  
<https://www.amnesty.org.au/10-ways-to-be-an-ally-to-indigenous-communities/>

*Ally Bill of Responsibilities* by Dr. Lynn Gehl:  
[http://www.lynngehl.com/uploads/5/0/0/4/5004954/ally\\_bill\\_of\\_responsibilities\\_poster.pdf](http://www.lynngehl.com/uploads/5/0/0/4/5004954/ally_bill_of_responsibilities_poster.pdf)

Indigenous Perspectives Society's: How to be an Ally to Indigenous Peoples:  
<https://ipsociety.ca/2017/04/>

Montreal Urban Aboriginal Community Strategy Network's: Indigenous Ally Toolkit:  
[http://reseautlnetwork.com/wp-content/uploads/2019/04/Ally\\_March.pdf](http://reseautlnetwork.com/wp-content/uploads/2019/04/Ally_March.pdf)

Where else to find books:

<https://www.strongnations.com/>  
<https://goodminds.com/>  
<https://www.massybooks.com/>  
<https://irondogbooks.com/>  
<https://guides.library.utoronto.ca/Aboriginalpublishers>

**Courses:**

Indigenous Cultural Competency Training (ICCT) <http://www.ofifc.org/indigenous-cultural-competency-training-icct>

The Ontario Federation of Indigenous Friendship Centre's Indigenous Cultural Competency Training (ICCT) program enables participants to build skills, knowledge, attitudes and values essential to fostering positive and productive relationships with Indigenous people.

This is built up over 4 cycles the begin with introducing relevant info to better serve Indigenous peoples (foundational knowledge to improve relations); contemporary issues and frameworks that have impacted Indigenous peoples; in-depth look at treaties, sovereignty, self-governance, and ways of knowing and doing; and a cultural-based framework for participants to an organization vision for reconciliation and an action plan for cultural competency.

San'yas (San'yas Indigenous Cultural Safety Training) <http://www.sanyas.ca>

The San'yas: Indigenous Cultural Safety Training Program was designed to enhance self-awareness, and strengthen the skills of participants who work with Indigenous peoples. The goal of the training is to develop understanding and promote positive partnerships between service providers and Indigenous people.

Facilitators guide and support each learner through interactive course materials. The course participants examine culture, stereotyping, and the consequences and legacies of colonization. Participants will learn about terminology; diversity; aspects of colonial history such as Indian residential schools and Indian Hospitals and a time-line of historical events.

The National Indigenous Cultural Safety Learning Series <http://www.icscollaborative.com>

The Indigenous Cultural Safety (ICS) Learning Series is an ongoing series of webinars developed by the Provincial Health Services Authority Indigenous Health in partnership with the Southwest Ontario Aboriginal Health Access Centre. The series is for anyone who's interested in increasing their understanding of cultural safety, enhancing their skills in addressing racism, and establishing positive relationships with Indigenous peoples

Circles for Reconciliation <https://circlesforreconciliation.ca/>

The aim of Circles For Reconciliation is to establish trusting, meaningful relationships between Indigenous and non-Indigenous peoples as part of the 94 Calls to Action from the Truth and Reconciliation Commission. The means to achieve this is the creation of small gatherings of an equal number of Indigenous and non-Indigenous people in discussion circles.

Indigenous Insights Program <https://www.uwinnipeg.ca/indigenous-insights/>

The program is designed to educate Canadians and clarify commonly held misconceptions about Indigenous Peoples. It's ideal for educators, public health workers, employees in the public and private sectors, NGOs, faith-based and spiritual organizations, and those seeking to enhance their knowledge and understanding of Indigenous Peoples. It is an overview of Indigenous Peoples' history, cultures, and the relationship with Canada.

Indigenous Works <https://indigenousworks.ca/en>

Indigenous Works, formerly the Aboriginal Human Resource Council, was founded as a non-profit with the mandate to improve the inclusion and engagement of Indigenous people in the Canadian economy. Indigenous Works offers online inclusion training, advisory services, and workplace inclusion diagnostics.

They assist in developing partnership skills and strategies to foster better relationships between organizations.

**Videos/documentaries:**

Where the Spirit Lives – 1hr38min <https://www.youtube.com/watch?v=7aW4tzklTLQ>

We Were Children – 1hr23min [https://www.nfb.ca/film/we\\_were\\_children/](https://www.nfb.ca/film/we_were_children/)

Indian Horse – 1hr41min <https://www.indianhorse.ca/en/film>  
<https://www.youtube.com/watch?v=bba6T00iZVo>

Birth of a Family – 1hr19min <https://www.nfb.ca/directors/tasha-hubbard/>

Alanis Onomsawin's films – We Can't Make the Same Mistake Twice – 2hr43min  
<https://www.nfb.ca/directors/alanis-obomsawin/>

Colonization Road – 49min <https://gem.cbc.ca/media/firsthand/season-2/episode-9/38e815a-00b9abca4fc>

This River – 19min [https://www.nfb.ca/film/this\\_river/](https://www.nfb.ca/film/this_river/)

Finding Dawn – 1hr13min [https://www.nfb.ca/film/finding\\_dawn/](https://www.nfb.ca/film/finding_dawn/)

The Road Forward – 1hr41min [https://www.nfb.ca/film/road\\_forward/](https://www.nfb.ca/film/road_forward/)

After the Apology – 1hr21min <https://vimeo.com/ondemand/afterapology>

Nîpawistamâsowin: We Will Stand Up – 1hr38min <https://www.nfb.ca/directors/tasha-hubbard/>

Shadow of Dumont – 1hr33min <https://shadowofdumont.com/>

Monkey Beach – 1hr45min <https://monkeybeachmovie.com/>

Decolonization is for Everyone with Indigenous educator Nikki Sanchez:  
<https://www.cbglcollab.org/what-is-decolonization-why-is-it-important>

**Podcasts:**

Words connect us. Words hurt us. Indigenous histories have been twisted by centuries of colonization. Host Kaniehti:io Horn brings us together to decolonize our minds— one word, one concept, one story at a time: <https://www.cbc.ca/listen/cbc-podcasts/906-telling-our-twisted-histories>

The Secret Life of Canada is a podcast about the country you know and the stories you don't. Join hosts Leah-Simone Bowen and Falen Johnson as they reveal the beautiful, terrible and weird histories of this land. <https://www.cbc.ca/listen/cbc-podcasts/203-the-secret-life-of-canada>  
<https://www.cbc.ca/listen/cbc-podcasts/203-the-secret-life-of-canada/episode/15892925-s4-the-boy-in-the-picture>

An 8-part series that tells the stories of four students: three who survived and one who didn't named Richard Thomas. They attended one of Canada's most notorious residential schools – where unsolved deaths, abuse, and lies haunt the community and the survivors to this day. Hosted by Duncan McCue. <https://podcasts.apple.com/ca/podcast/kuper-island/id1623248767>

Peter Henderson Bryce was a medical doctor, civil servant and public health expert. In 1907, after surveying 35 residential schools, he submitted a report to the Department of Indian Affairs detailing clear connections between Residential Schools, tuberculosis and high student mortality rates. His recommendations fell on deaf ears and would not be revealed publicly until he was forced to retire. Fifteen years after his initial report, he published an 18-page “appeal for justice”—a pamphlet containing his findings and recommendations, and condemning the government's lack of action to address illness and death in the Residential School System and First Nation communities. Indigenous peoples continued to experience disproportionate impacts of tuberculosis for years to come. Eventual federal intervention involved a confusing web of enforced medical care leaving Survivors and patients' families to seek answers and closure. This is The Story of a National Crime, new podcast from Knockabout Media: <https://podcasts.apple.com/us/podcast/the-story-of-a-national-crime/id1638954538>

We Need to Talk about Bryce features Indigenous educators, public health experts, and knowledge keepers having conversations leading from excerpts from Dr. Peter Bryce's 1922 pamphlet, The Story of a National Crime, and draw connections across historical and contemporary standpoints: <https://definingmomentscanada.ca/we-need-to-talk-about-bryce-podcast/>

### **Engage:**

Research to see who's engaged in reconciliation work and reach out to these organizations and media to show your support

- Follow Indigenous leaders, activists, and organizations
- Pam Palmater; Niigaan Sinclair; Autumn Peltier; Cheryl Maloney
- Idle No More; Reconciliation Canada; First Nations Child and Family Caring Society

Sign-up for newsletters and support public campaigns like Shannen's Dream; Jordan's Principle; Walking With our Angels

<https://fncaringsociety.com/BearWitness>

<https://www.facebook.com/WalkingWithOurAngels/>

Participate in Truth & Reconciliation Week locally or visit <https://www.nctr.ca> to see how you can participate virtually!

**Visit:**

Residential School History and Dialogue Centre <https://irshdc.ubc.ca/>

The Indian Residential School History and Dialogue Centre (IRSHDC) at UBC addresses the colonial legacy of residential schools and other policies imposed by the Canadian government on Indigenous Peoples, and ensures that this history is acknowledged, examined and understood within the UBC community.

St. Eugene Resort (Kootenay) <https://www.steugene.ca/en/about-us-culture-heritage/>

Shingwauk Residential Schools Centre <http://shingwauk.org/srsc/>

The Shingwauk Residential Schools Centre (SRSC) at Algoma University, is a joint initiative with the Children of Shingwauk Alumni Association.

Woodlands Cultural Centre <https://woodlandculturalcentre.ca/>

Woodland Cultural Centre serves to preserve and promote Indigenous history, art, language and culture. We welcome you to visit and learn with us as we bring the story of the Haudenosaunee people of the Eastern Woodlands to life through innovative exhibitions and programs.

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Compiled by National Centre for Truth and Reconciliation | Centre national pour la vérité et la réconciliation



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