

Rural And Remote 2019 – Coastal Connections - Thursday April 4th

February 20, 2019

07:00 - 08:00	BREAKFAST AND REGISTRATION													
08:00 - 08:30	WELCOME AND HOUSEKEEPING													
08:30 - 09:15	CHRISTY SIMPSON - URBAN MISTAKES ABOUT RURAL CARE: RETHINKING RURAL HEALTH ETHICS													
09:15 - 10:00	TBD													
10:00 - 10:20	REFRESHMENT BREAK													
10:20 - 11:20	100 <i>Andrew Kotaska</i> VTE Guidelines Ignore the Lessons of EBM: Snake Oil and Conflict of Interest	101 <i>Peter Vaughan</i> Digital Rural Health	102 <i>Gary Eugene</i> Serving With the Heart: A Perspective on Care Delivery to First Nations Clients	103 <i>Sarah Giles</i> How to Get Your Non-Fiction Writing Published	104 <i>Jared Van Bussel</i> Surgical and Obstetrical Networks in the Western Provinces	105 <i>Samantha Chittick</i> The Infrequent Travel Medicine Consult - Tips, Tricks and Resources	106 	107 <i>Melissa Holowaty</i> SBI(R)T for Alcohol Use Disorder	108 <i>Anne Robinson</i> Introduction to Management of Opioid Use Disorder	109 <i>Fraser Turner</i> What is Real? How the History and Personalities of Quantum Mechanics Affect our Understanding of Reality	110 <i>Mike Herman</i> Pulmonary Embolism: Diagnosis, Management, and Controversies	111 <i>Michael Parsons</i> Ultrasound Guided Procedures	112 <i>Hassanali Kapasi</i> A Checklist Manifesto for the Rural ER Doc	113 <i>Paul Dhillon and Simon Moore</i> Smart Studying for the CCFP Exam - Tips, Tricks, and Strategies
11:20 - 11:30	TRAVEL TIME													
11:30 - 12:30	120 <i>Nicole Currie, Sarah Gower and Stacy Desilets</i> Mifegymiso in a Rural Community - How to Make it Work	121 <i>Peter Montesano</i> Advances in Diabetes Management - Devices to Medications to Philosophy	122 <i>Yotakahron Jonathan</i> Being Culturally Safe: Reducing Barriers to Care for Onkwehonwe Patients	123 <i>Sarah Giles and Joni Guptill</i> Incorporating Humanitarian Medicine in Your Rural/Remote Career	124 <i>Sean Ebert</i> Continuous Quality Improvement in Rural Low Volume Surgical Programs	125 <i>Bill Ehman</i> Big News in Canadian Intrapartum Fetal Surveillance: The new Guideline! (To be Repeated on Friday.)	126 <i>TBD</i> CaRMS Survival Tips	127 <i>Melissa Holowaty</i> Creating a Chronic Pain Self-Management Program on a Shoestring	128 <i>Anne Robinson</i> Case Discussions in Management of Opioid Use Disorder	129 <i>Gerard MacDonald</i> The Microbiome: We Are Not Alone	130 <i>Carrie Herman</i> Introduction to the Court Room - A Legal Primer for Doctors	131 <i>TBD</i> Rural Critical Care – Obstetrical Emergency Delivery	132 <i>Shira Brown</i> Approaching the Difficult Airway in a Variety of Hospital Settings	133 <i>John Pawlovich</i> Transforming Telehealth in Rural & Remote BC – Calling Codi!
12:30 - 13:30	LUNCH							ESS / OSS NETWORKING LUNCH						
13:30 - 14:30	140 <i>Andrew Kotaska</i> Informed Consent & Refusal in Obstetrics: A Practical Ethical Guide	141 	142 <i>Mike Kirlaw</i> SAMP Prep	143 <i>Joe Vipond</i> MD Advocacy on Climate Change	144 <i>Ryan Falk and Nicole Ebert</i> Careers in Rural Surgery (ESS/OSS) for Family Physicians	145 <i>Vicki Van Wagner</i> Maternal Newborn Gap Analysis: Rural and Remote OB Services in Ontario	146 <i>Roy Kirkpatrick</i> Hernias - Investigation and Treatment	147 <i>Jon Witt</i> Code Orange Rural Preparedness: Lessons learned from the Humboldt Bus Crash	148 <i>Shirley Lee</i> Is No News Good News? Build a More Reliable Follow-up System for Test Results (2 hours)	149 <i>Gerard MacDonald</i> Common ENT Urgent Problems	150 <i>Sara Goulet</i> Truth and Reconciliation Calls to Action: How are we Doing as Family Docs in Canada	151 <i>Wade Mitchell, Peter Wells and Matt Distefano</i> Advanced Skin Excision/Repair (2 hours)	152 <i>Danny Kim</i> Quality Improvement in Rural Research	153 <i>Luis Rivero Pinelo</i> Colorectal Cancer
14:30 - 14:40	TRAVEL TIME													
14:40 - 15:40	160 <i>Magnus McLeod</i> Approach to Abnormal Liver Injury Tests	161 <i>Camille Gagnon</i> Too Much of a Good Thing? How to Successfully Deprescribe	162 <i>MUN RMIG</i> Experience Rural Newfoundland & Labrador	163 <i>Joe Vipond</i> Practical MD Advocacy	164 <i>Stu Iglesias and Roy Wyman</i> CAC's for ESS and OSS - A Good Fit for Generalism?	165 <i>Gillian Sheppard</i> IVF Related Emergencies	166 <i>Charlene Fitzgerald</i> Group Prenatal Care in Sheshatshiu: Experience to Date	167 <i>Christopher Cox</i> Advanced PoCUS Modalities to Make Diagnosis in Resource Limited Settings	168 <i>Shirley Lee</i> Is No News Good News? Build a More Reliable Follow-up System for Test Results (2 hours)	169 <i>Laura Soles</i> Pride and Peril	170 <i>Sara Goulet</i> Recruitment and Retention in Rural and Northern Areas	171 <i>Wade Mitchell, Peter Wells and Matt Distefano</i> Advanced Skin Excision/Repair (2 hours)	172 <i>Luis Rivero Pinelo</i> Oral Research Presentations - Original Primary Care Solutions	173 <i>Luis Rivero Pinelo</i> Hepatitis Viral C - No Longer a Tabu for Family/Rural Docs
15:40 - 16:00	REFRESHMENT BREAK													
16:00 - 17:00	180 <i>Paul Dhillon and Simon Moore</i> THE MEDICAL CIRCUS - A Humorous Review of What's New and Need-to-know for Primary Care from Coast to Coast							181 <i>Ryan Falk</i> Enhanced Surgical Skills: CPD Workshop						
17:00 - 19:00	MIX N' MINGLE													
18:30 - 20:30	BE AWESOME WITH NOSM													
19:30 - 22:00	TUNES AND A TIME – CAPE BRETON SQUARE DANCE AND PERFORMANCE BY CHANGE OF STEP													
21:00 - 22:00	HOCKEY NIGHT IN HALIFAX													

Rural And Remote 2019 – Coastal Connections - Friday April 5th

February 20, 2019

07:00-08:00	BREAKFAST AND REGISTRATION													
08:00-08:30	WELCOME AND HOUSEKEEPING													
08:30-09:15	PAT CROSSKERRY - TEACHING THE SCARECROW: IMPROVING THINKING TO IMPROVE CLINICAL DECISION MAKING													
09:15-10:00	TBD													
10:00-10:20	REFRESHMENT BREAK													
10:20-11:20	200 <i>Mike Allan, Mike Kolber and Tina Korownyk</i> PEER Simplified Guideline for Opioid Use Disorder	201 <i>Tignish Collaborative Family Practice</i> Collaborate to Survive	202 TBD Peds Sim	203 <i>Ryan Falk</i> Global Perspectives in Rural Surgical Services	204 Room for 50 <i>Stu Iglesias, Gisela Becker, Lee Yeates, Sarah Lesperance and Kim Williams</i> Boundary Spanning Solutions to Rural Maternity Care (2 hours)	205 <i>Ajantha Jayabarathan, David Zitner, Karim Keshavjee, David Goranson and Mary Johnson (Moderator)</i> Health Information and Communication	206 <i>Archna Shah</i> Pediatric Resuscitation Cases	207 <i>Tom Goddard</i> Doctor I am Seeing Double - What's Wrong with Me?	208 <i>Jim Rourke and Ruth Wilson</i> Rural Road Map Implementation Committee (RRMIC): Progress and Consultation (2 hours)	209 <i>Fraser Turner</i> Spousal Working Group (2 hours)	210 <i>Bev Karras</i> Bumps on the Road to Successful Breastfeeding	211 <i>Allison Scott</i> Slitlamps (2 hours)	212 <i>Kristy Penner and Aaron Johnston</i> See One, Do One, Plan One: Simulation of a Successful Rural Faculty Development Event	213 <i>Fred Ross</i> Distributed Medicine National Education Administrators Group - Business Meeting
11:20 -11:30	TRAVEL TIME													
11:30 -12:30	220 <i>Mike Allan, Mike Kolber and Tina Korownyk</i> New, True and Poo: New Studies Relevant to Primary Care	221 <i>Dan Reilly</i> Accessing the Uterus: IUD Insertion and Endometrial Sampling	222 TBD Peds Sim	223 <i>Peter Miles, Lauren Smithson and Roy Kirkpatrick</i> Surgical Pearls for ESS	224 Room for 50 <i>Stu Iglesias, Gisela Becker, Lee Yeates, Sarah Lesperance and Kim Williams</i> Boundary Spanning Solutions to Rural Maternity Care (2 hours)	225 <i>Ajantha Jayabarathan, David Zitner, Karim Keshavjee, David Goranson and Mary Johnson (Moderator)</i> Health Information and Communication Technology (2)	226 <i>Lindsay Crowshoe</i> Indigenous Diabetes Social and Cultural Care Approach	227 <i>Sarah Giles and Sarah Mathieson</i> Real Talk About Emotional Fallout in the ER	228 <i>Jim Rourke and Ruth Wilson</i> Rural Road Map Implementation Committee (RRMIC): Progress and Consultation	229 <i>Fraser Turner</i> Spousal Working Group	230 <i>Joe Vipond</i> Evidence Based Analgesia	231 <i>Allison Scott</i> Slitlamps (2 hours)	232 <i>Chris Patey and Paul Norman</i> Rewiring in Flight	233 <i>Lisa DeLong</i> Distributed Medicine National Education Administrators Group - Human Rights and Equity
12:30 -13:30	LUNCH							RURAL MATERNITY CARE NETWORKING LUNCH						
13:30 -14:30	240 <i>Dan Eickmeier</i> Aggressive Patient	241 <i>Stacy Desilets and Brittany Baron</i> Early Prenatal Care Tips for Primary Care	242 TBD Peds Sim	243 <i>Mike Kirlew</i> Practice Changing Publications	244 <i>Andrew Kotaska</i> Surgical Obstetrics in the Hinterland: The evidence and the Art	245 <i>Claudette Chase</i> The Art and The Science, The Sound and the Fury of Referring to Specialists	246 <i>Len Kelly</i> Rural Obesity Care	247 <i>Emily Hildebrand</i> Subarachnoid Hemorrhage - An Overview	248 <i>Brent Kvern, Nancy Fowler and Ivy Oandasan</i> Rural Competence: Would You Know It If You Saw It?	249 <i>Patti Kemp</i> SRPC Reads	250 <i>Dharm Singh</i> Overactive Bladder	251 <i>Allison Scott</i> Slitlamps (2 hours)	252 <i>Chris Patey and Paul Norman</i> 'Nan's Kitchen' - CIRRRIS - A Research Hub in a Rural Community	253 <i>Mat Litalien</i> Distributed Medicine National Education Administrators Group - Community Engagement
14:30 -14:40	TRAVEL TIME													
14:40 -15:40	260 <i>Cornelius Woelk</i> Cancer Immunotherapy and its Complications	261 <i>Teri Price</i> Falling Through the Cracks - Greg's Story (2 hours)	262 TBD Peds Sim	263 <i>Jay Shanahan and Jess McCann</i> Rural Residency Tour – Program Fair for Medical Students (2 hours)	264 <i>Bill Ehman</i> Big News in Canadian Intrapartum Fetal Surveillance: The new Guideline! (Repeat)	265 <i>Dale Dewar</i> The Medical Response to Nuclear War	266 <i>Chris Parfitt</i> Clinical Injections (2 hours)	267 <i>Casey Wong</i> A Review of STEMIs & Equivalents	268 <i>Jill Konkin and Roger Strasser</i> Supporting Rural Generalism in Medical Education (2 hours)	269 <i>Michael Young</i> Pediatric Sedation and Analgesia	270 <i>Dharm Singh</i> Hematuria	271 <i>Allison Scott</i> Slitlamps (2 hours)	272 Oral Research Presentations - Medicine on the Farm	273 <i>Carrie Grigg, Maria Shibish and Kris Bowes</i> Distributed Medicine National Education Administrators Group - Medicine
15:40 -16:00	REFRESHMENT BREAK													
16:00 -17:00	280 <i>Cornelius Woelk</i> Managing Dyspnea in Palliative Care	281 <i>Teri Price</i> Falling Through the Cracks - Greg's Story (2 hours)	282 <i>Ray Markham</i> Global Health in the SRPC	283 <i>Jay Shanahan and Jess McCann</i> Rural Residency Tour – Program Fair for Medical Students (2 hours)	284 <i>Andrew Kotaska</i> PCOS Made Simple, For Doctors and Patients	285 <i>Monica Kidd</i> The Teller and The Told: The Uses of Narrative in Medicine	286 <i>Chris Parfitt</i> Clinical Injections (2 hours)	287 <i>Yasmine Mawji</i> The Supplemental Emergency Medicine Experience (SEME) Program	288 <i>Jill Konkin and Roger Strasser</i> Supporting Rural Generalism in Medical Education (2 hours)	289 <i>Ashley White</i> Providing Medical Assistance in Dying (MAID) in the Country: Joy, Bureaucracy and Burnout	290 <i>Michael Fernando</i> Vasculitis - A Common Rare Disease	291 <i>Margo Wilson</i> Rural Critical Care - Basic Airways	292 Oral Research Presentations - Fresh Approaches	293 <i>Fred Ross and Pamela Bourque</i> Distributed Medicine National Education Administrators Group - Hot Topics in
17:15 -18:15	STUDENT, RESIDENT, MENTOR RECEPTION													
18:00 -20:00	RECEPTION FOR ESS, OSS, CAGS AND SOGC													
19:00 -21:00	LOBSTER DINNER AND AWARDS PRESENTATIONS													
21:00 -23:00	JAM SESSION – BRING YOUR MUSICAL INSTRUMENTS AND JOIN IN THE FUN!													

Rural And Remote 2019 – Coastal Connections – Saturday April 6th

February 20, 2019

07:00 -08:00	BREAKFAST AND REGISTRATION													
08:00 -08:30	WELCOME AND HOUSEKEEPING													
08:30 -09:15	NADINE CARRON - TBD													
09:15 -10:00	TBD													
10:00 -10:20	REFRESHMENT BREAK													
10:20 -11:20	300 <i>Nancy Fitch and Megeen Brunskill</i> Office Based Urine Drug Testing Toolkit for Safer Opioid Prescribing	301 <i>Andrew Kotaska and Gale Payne</i> Obesity and Diabetes in Pregnancy: a Pragmatic, Unconventional Approach (2 hours)	302 <i>Lyn Power, Chris Patey and Paula Slaney</i> Layering of Learners in Rural Sites: Identifying Challenges and Finding Solutions	303 <i>Mike Johnston</i> They Way We Were 30 Years Ago - Tails from a Rural General Hospital	304 <i>Doug Hedden</i> Access to Specialist Care in Rural and Remote Communities	305 <i>TBD</i> Advocacy Session	306 <i>Stefan Grzybowski</i> Sustaining Yourself in Rural Practice	307 <i>TBD</i> Non-Accidental Trauma	308 <i>Dr. Joan Flood</i> Evidence-based Assessment and Management of ADHD in Primary Care (2 hours)	309 <i>Patti Kemp</i> Trading Places: Immigration and Human Rights Law	310 <i>Mike Allan, Mike Kolber and Tina Korownyk</i> Jeopardy by PEER: Rapid Answers to Common Clinical Problems	311 <i>John Soles</i> Rural Critical Care - Chest Tube Insertion (To be repeated)	312 <i>Martha Riesberry</i> Mcgyver Fixes in Rural Medicine	313 <i>Brendan Munn</i> Conservative Airway Management — Is Non-Intubation Indicated?
11:20 -11:30	TRAVEL TIME													
11:30 -12:30	320 <i>Dennis Pashen</i> Developing a Quality and Safety Framework for Rural and Remote Health	321 <i>Andrew Kotaska and Gale Payne</i> Obesity and Diabetes in Pregnancy: a Pragmatic, Unconventional Approach (2 hours)	322 <i>Peter Wells and Michelle Hunter</i> Key Ingredients in Community Medical Education	323 <i>Mary Johnston</i> Doctor Heal Thyself - Doctors Receiving Medical Care in Today's Health Care System	324 <i>Kweku Dankwa</i> Rural Specialists Meeting	325 <i>TBD</i> Advocacy Session	326 <i>Stefan Grzybowski</i> Rural Locum Work: Building a New Vision in BC	327 <i>TBD</i> TREKK Update: TREKK Resources, Quick Updates: Sepsis, DKA	328 <i>Dr. Joan Flood</i> Evidence-based Assessment and Management of ADHD in Primary Care (2 hours)	329 <i>Lynne Thériault Sehgal</i> Curly/Wavy Girl Method - Frizz is a Curl Waiting to be Discovered!	330 <i>Mike Allan and Tina Korownyk</i> PEER's Medical Cannabinoid Guideline: Doobious Evidence or Smokin' Results	331 <i>John Soles</i> Rural Critical Care - Chest Tube Insertion (Repeat)	332 <i>Wendy Graham</i> How and Why to Write in Rural Medicine	333 <i>Tom O'Neil</i> Hemorrhagic Shock
12:30 -13:30	LUNCH							RURAL GENERALISTS SPECIALIST NETWORKING LUNCH						
13:30 -14:30	340 <i>Wade Mitchell</i> Skin Cancer 101	341 <i>Chris Parfitt</i> Comprehensive Fracture Management and Casting Techniques (3 hours)	342 <i>Cathy MacLean</i> Patient Education Practical Pointers	343 <i>Layla Ali, Brenna Hansen and Cassie Poole</i> History of Indian Hospitals' and Modern Day Reconciliation	344 <i>Linda Strik and Stu Iglesias</i> The New SOGC Attendance at and Resources for Delivery of Optimal Maternity Care	345 <i>Kirk Mccarroll</i> PICC Workshop	346 <i>TBD</i> Electives Planning	347 <i>TBD</i> PEM Pearls	348 <i>Jay Shanahan</i> Perineal Repair	349 <i>Stephen Loden</i> Running in Medicine - Lessons Learned Qualifying for Boston	350 <i>Francisco Garcia</i> How to Have Sex in a Canoe - Canoe Maintenance and Troubleshooting	351 <i>Margo Wilson</i> Rural Critical Care - Basic Airways	352 <i>TBD</i>	353 <i>Paul Mackey</i> Anaphylaxis in Anesthesia
14:30 -14:40	TRAVEL TIME													
14:40 -15:40	360 <i>Yogi Sehgal</i> Unusual Papers That Might Change Your Practice - ER Edition	361 <i>Chris Parfitt</i> Comprehensive Fracture Management and Casting Techniques (3 hours)	362 <i>Cathy MacLean</i> Resources for Clinical Teaching	363 <i>Andrew Samis</i> Dietary Fats and Cardiovascular Disease - Then and Now	364 <i>KS. Joseph, Kim Williams and Stu Iglesias</i> Regionalized Perinatal Care - Does it Work? (2 hours)	365 <i>Kirk Mccarroll</i> PICC Workshop	366 <i>Chris Patey, Paul Norman and Susan Snelgrove</i> Improving Team Dynamics in the Era of True Multidisciplinary Collaboration	367 <i>TBD</i> Fever in Young Infants - Practice and Evidence	368 <i>Constance Leblanc</i> ECG Workshop	369 <i>TBD</i>	370 <i>Francisco Garcia</i> How to Have Sex in a Canoe - Oar Maintenance and Troubleshooting	371 <i>Martha Riesberry and Dale Dewar</i> Rural Critical Care - Suturing for Dummies (2 hours)	372 <i>TBD</i> Oral Research Presentations - Focus on the Patient	373 <i>James Kim and Kirk Mccarroll</i> Breaking Down Silo's: UBC's Clinical Coaching for Excellence
15:40 -16:00	REFRESHMENT BREAK													
16:00 -17:00	380 <i>Yogi Sehgal</i> Unusual Papers That Might Change Your Practice - Primary Care Edition	381 <i>Chris Parfitt</i> Comprehensive Fracture Management and Casting Techniques (3 hours)	382 <i>David Kuhns and Christiane Loneragan</i> A Rural Doctor's Guide to Working with Physicians Assistants	383 <i>Olga Ward</i> Aussie Skin Cancers and Other Conditions	384 <i>KS. Joseph, Kim Williams and Stu Iglesias</i> Regionalized Perinatal Care - Does it Work? (2 hours)	385 <i>Kirk Mccarroll</i> PICC Workshop	386 <i>TBD</i>	387 <i>TBD</i> Neonatal Emergencies	388 <i>TBD</i>	389 <i>TBD</i>	390 <i>TBD</i>	391 <i>Martha Riesberry and Dale Dewar</i> Rural Critical Care - Suturing for Dummies (2 hours)	392 <i>TBD</i> Oral Research Presentations - The Practice of Medicine	393 <i>James Kim</i> The Difficult Airway - All You Need to Know in 60 Seconds
19:00- 23:00	WRAP UP PARTY AT KEITH'S BREWERY													