



Society of Rural Physicians of Canada
27TH ANNUAL RURAL AND REMOTE MEDICINE COURSE
Halifax Nova Scotia • Halifax Convention Centre
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Dr. Paul Dhillon Dr. Simon Moore

SESSION 106

Smart Studying for the CCFP Exam - Tips, Tricks, and Strategies

Using their energetic and engaging teaching style and a dynamic two-speaker presentation format, Dr. Moore & Dr. Dhillon will review important medical updates and need-to-know content for anyone about to write the certification examination in Family Practice and practice in a rural context. As well, important exam strategies and tools to help increase exam performance will be reviewed. This session is highly interactive, making use of mock quizzes, audience involvement, and question-and-answer sessions. In order to respect the confidential nature of actual exam content, the content, tools and techniques have been developed solely based on the publicly-available free CCFP exam content available on the CFPC's website.

Dr. Moore & Dr. Dhillon are recent CCFP graduates who help residents prepare for the CCFP exam. Dr. Simon Moore is heavily involved in medical student and postgraduate medical education. He has consistently received outstanding teaching evaluations including at FMF since 2011. His topics have included "Starting Insulin in Type 2 Diabetes WITHOUT Losing Sleep at Night", "I'm Not Injecting Poison Into My Child: How to confidently debunk your patients' anti-vaccination myths", and "From Great to Outstanding: Take your medical presentations to the next level." He has also delivered these and many other presentations at multiple provincial and national conferences including FMF and the OCFP Annual Scientific Assembly; he has practiced in rural and urban BC, Ontario, and Northwest Territories. Dr. Paul Dhillon is the Editor of the book *The Surprising Lives of Small Town Doctors* and enjoys practicing rural and remote medicine both in Canada and Internationally.

1. Master simple, easy-to-remember tools to understand and efficiently apply the Patient-Centred Approach that underlies the CCFP exam.
2. Identify recent guideline changes to major family practice topics and rural family medicine topics, and apply these to sample written exam questions during the session.
3. Augment performance by implementing in-exam techniques that increase mental performance and aid in easily identifying common CCFP exam errors.