



SESSION 230

Evidence Based Analgesia

The majority of physicians glean their preferred acute pain management algorithms from mentors as they train. But there is a wealth of evidence which can inform our oral analgesic prescribing practices. Using the Cochrane Database of Systemic Reviews as a guide, we'll look at why acetaminophen with codeine, and ketorolac, should not be our go-to meds. Also, we'll look at ways to minimize narcotic prescribing without sacrificing the effectiveness of our analgesia and, in turn, minimize the risk of addiction in our vulnerable patients.

1. Learn the most effective oral medications to be used for pain management in the acute setting.
2. Learn some of the tricks for the most effective management of acute pain in the emergency department.
3. Learn ways of minimizing the risk of opioid overuse and dependency from acute pain management.