



## SESSION 241

# Early Prenatal Care Tips for Primary Care

High quality early prenatal care is vitally important to ensure health pregnancies anywhere in Canada. As Canadian women experience more identifiable risk factors in pregnancy, providing this care has become challenging. This is especially true in rural communities where access to specialty and allied health care provider support can be limited. As complexity of prenatal care increases, some primary care providers have opted not to provide prenatal care to Canadian women. In rural communities this further restricts access to already underserved populations. This workshop will provide a review of early prenatal care with a goal of increasing the comfort level among primary care providers in continuing to care for pregnant women and to provide high quality care while doing so.

1. Provide high quality prenatal care for women in first and second trimester.
2. Identify patients who would benefit from ASA supplementation early in pregnancy.
3. Explain first and second trimester genetic screening to all women.
4. Organize appropriate investigations for women in early pregnancy.