



Society of Rural Physicians of Canada
27TH ANNUAL RURAL AND REMOTE MEDICINE COURSE
Halifax Nova Scotia • Halifax Convention Centre
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SESSION 252

'Nan's Kitchen' - CIRRIIS - A Research Hub in a Rural Community

Communities are the strength of our nation. It is therefore essential that we are fully aware of community needs and conduct applicable research to improve local health. Family physicians play a vital role in communities however their involvement in medical research is often extremely complex and daunting. The layering of research into primary care therefore must be seamless, well supported and rewarding. The natural progression from an individual primary care clinician who has an interest in research to a network of provincial rural research units will also positively impact the health of local rural populations. By removing barriers, guiding the process and connecting primary care clinicians to academic expertise we hope that community research will flourish. CIRRIIS, the Carbonear Institute for Rural Research and Innovation by the Sea, is a rural medical research unit with a primary goal of improving the community through the support of rural research. While providing a site and physical presence in the community, we assist and guide clinician researchers to increase and optimize research connectivity and outcomes. With the cultural promotion of rural research, we hope to entice present and future practitioners by increasing opportunity for academia into rural areas while remaining a vital component of the community. Ultimately our goal is to improve local healthcare, assist with retention and recruitment of clinicians and inspire global health improvements from a community perspective. This session is suitable for anyone interested in improving their community and strengthening community relations and outcomes through research. We welcome medical learners, rural nurses (registered and practitioner), and active family physicians who have an interest in community research. This session will be an interactive PowerPoint presentation. It is a combined family physician and nurse presentation. Previous experiences of the RN/MD presenter model is an extremely receptive method for learner engagement, enjoyment and clarity.

After this activity participants will be able to:

1. Appreciate a collaborative model to conduct research in a community setting.
2. Realize the impact on research on the broader community.
3. Recognize the connection between local research and improving health systems.