



SESSION 301

Office Based Urine Drug Testing Toolkit for Safer Opioid Prescribing

Over the last 5 years we have developed a clinic-based Opioid Prescribing Program that allows all affiliated health care providers (including NPs) to have a unified approach to prescribing and monitoring opioids for chronic non-cancer pain. This workshop presents a toolkit you can take home and incorporate clinic wide. We will present evidence for urine drug screens as a part of ALL chronic opioid Rx's, practice some UDT interpretation together to highlight potential pitfalls, and describe a simple approach for all prescribers to use for unexpected UDT results.

1. Review the evidence for value of Urine Drug Testing (UDT) for ALL chronic non-cancer pain opioid prescriptions.
2. Introduce an Opioid Prescribing Program for a clinic setting that all health care providers can uniformly use.
3. Dispel barriers to clinic-based UDT including financial and clinical.
4. Enhance confidence re: management of unexpected UDT results.
5. Provide a take-home toolkit to support local Opioid Prescribing Program approaches that will enhance incorporation of UDT and consistent management of UDT results.