



Society of Rural Physicians of Canada
27TH ANNUAL RURAL AND REMOTE MEDICINE COURSE
Halifax Nova Scotia • Halifax Convention Centre
APRIL 4 - 6, 2019

Ms. Lynne Thériault Sehgal

SESSION 329

Curly/Wavy Girl Method - Frizz is a Curl Waiting to be Discovered!

An interactive session learning how to polish your look and love your curls/waves.

How it could help medical professionals (or any professional):

1. A more polished look for women and men with wavy and curly hair.
2. Self care.
3. Learning to love your natural hair and learn how to deal with it and take care of it.
3. Going longer between wash days (time saving).
4. Going longer between hair cuts.