



SESSION 350

How to Have Sex in a Canoe - Canoe Maintenance and Troubleshooting

Presenting a practical approach to female sexuality and sexual medicine for the generalist. Update on current practices and understanding in female sexual medicine, review of current therapies and management. There will be a strong focus on what diagnoses and therapies are available in an outpatient scenario, with a brief review of the rare instances when referral may be necessary. Emphasis will be placed on demographics, prevalence, interdisciplinary medicine and disease awareness

1. Be familiar with the domains of female sexual dysfunction (FSD).
2. Be able to identify common disorders of each sexual domain.
3. Be familiar with the current understanding of female anatomy as it pertains to FSD.
4. Be familiar with the non-linear female sexual response cycle.
5. Be able to educate patients on their disorder/dysfunction.
6. Be able to initiate 1st line therapies for common FSD diagnoses.
7. Understand the importance of multidisciplinary medicine in FSD.
8. Discuss importance of sexual quality of life at different life stages