

# SHARPEN YOUR PENCILS FOR THE MEDICAL STUDENT/RESIDENT ESSAY CONTEST

Win a Trip and Registration to Rural and Remote 2020

April 23<sup>th</sup> - 25<sup>th</sup>, 2020

Ottawa, Ontario

Each year the Nominations and Awards Committee hosts a rural essay contest for medical students and residents. The winners' essays will be considered for publication in the CJRM.

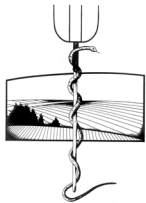
## STUDENTS

Students should submit a non-fiction essay with a rural elective theme.

The winners will win the equivalent of \$500 (students) or \$1000 (residents) credited towards the cost of attending the 2020 Rural and Remote conference. Eligible costs may include registration, travel to and from the conference, as well as accommodations and social events.

## RESIDENTS

Residents should submit a non-fiction essay about their rural experience.



Submit your essay to [submissions@srpc.ca](mailto:submissions@srpc.ca)

### Rules

Students and Residents must be a member of the SRPC.  
Deadline for submission is December 31<sup>st</sup> 2019  
Length: 500 - 1000 words



## Submissions for Rural Research Poster Presentation

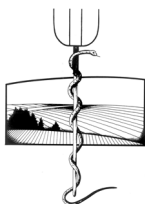
We are organizing a rural research poster session at the Society of Rural Physicians of Canada's Rural and Remote Medicine Course.

Poster presentations will be held Friday April 24<sup>th</sup>, 2020 at the Shaw Centre, in Ottawa ON.

Poster proposals must include a clear research purpose, objectives, methodology, summary of the research results and conclusion. Posters will be judged on rural relevance, research methodology, impact, clarity of presentation and ability to answer questions regarding your research.

Posters are restricted to a width of 4 feet and height of 3 feet.

Students and residents will each have the opportunity of being awarded for the best student/resident research poster. Winners will win the equivalent of \$500 credited towards attending the conference.



Please submit your proposal as a Microsoft Word file or a PDF to:  
[rsubmissions@srpc.ca](mailto:rsubmissions@srpc.ca)  
Deadline for submission is January 7th, 2020

