

2019 Enhanced Skills Program Catalogue

For Canadian Family Medicine
Residents and Physicians

Produced by the Society of Rural Physicians of Canada (SRPC) Residents Committee

Information about Quebec Residency Programs

Applications in Quebec are assessed through a quota system, imposed by the Government of Quebec, called the "Contingent particulier". The following profiles are considered:

- Canadian Citizens, Permanent Residents of Canada or Foreign Citizens who are International Medical Graduates (DHCEU): Canadian Citizens, landed immigrants or Foreign Citizens who are International Medical Graduates.
- Quebec MD's: who have trained outside of Quebec for at least 1 year. Also eligible under this category are Quebec MD's who began a residency program in Quebec, who withdrew from that program and who have not been admitted in a residency program for a minimum of 12 months.
- Retour de pratique: for licensed physicians returning from practice in Quebec.
- Canadian MD and Resident: for Canadian citizens or permanent residents of Canada who are graduates of a Canadian medical school outside of Quebec or a US medical school, who are currently registered in a course of postgraduate training elsewhere in Canada outside Quebec, and who wish to train in Quebec.
- American MD: for US or Foreign Citizens who are graduates of a U.S. Medical schools. Application information can be found in this section.
- Mutual Agreement with France: for French medical school graduates provided they hold a diplôme d'État français (D.A.) and they have completed their medical school and postgraduate medical training in France

This applies to:

- McGill
- University of Montreal
- University of Laval
- University of Sherbrooke

Category 1 Enhanced Skills Programs at University of British Columbia

	Application Process	Average Number of Applicants*	Number of Seats	Sites	Cost of Application	Important Dates for 2018 Applications (2019 Start)	Return of Service Commitment	Open to practicing MDs	Telephone or Video Interviews?	Importance of on-site electives	Funded Courses	Program Website
Emergency Medicine	Via CaRMS	???	8	Vancouver - St. Paul's hospital	Yes, as per CaRMS	Applications Open: Aug 7 Applications Close: Sept 19 Interviews: TBD Match Day: Dec 19	None	Yes	???	???	"Formal US course" with proctering	http://postgrad.familymed.ubc.ca/enhanced-skills-program/
Care of the Elderly	Direct to the program	???	???	Vancouver or Victoria	None	Applications Open: July 1 Applications Close: Dec 1	None	Yes - preferred	???	???	None	
GP Anesthesia	Direct to the program	???	3	Vancouver Rural month in Yukon	None	Applications Open: July 1 Applications Close: Dec 15	None	Yes - preferred	???	???	None	
Sports & Exercise Med	Direct to the program	???	1	Vancouver	None	2018 Dates TBD	None	Yes - preferred	???	???	None	
Palliative Care	Direct to the program	???	???	Vancouver or Victoria	None	Applications Open: July 1 Applications Close: Oct 30	None	Yes - preferred	???	???	None	

* Indicates that the information is accurate for the 2018-entry application process. Please check directly with the program regarding the most up to date information.

*Data from Fall 2017 Application (July 2018 Program Start Date)

Category 1 Enhanced Skills Programs at University of Alberta

	Application Process	Average Number of Applicants*	Number of Seats	Sites	Cost of Application	Important Dates for 2018 Applications (2019 Start)*	Return of Service Commitment	Open to practicing MDs	Telephone or Video Interviews?	Importance of on-site electives	Funded Courses	Program Website
Emergency Medicine	Via CaRMS	102	6	Edmonton with 2/12 in Lethbridge	Yes, as per CaRMS	Applications Open: Aug 7 Applications Close: Sept 19 Interviews: TBD Match Day: Dec 19	None	Only those who have graduated <1 year ago	None	???	EDE1 equivalent training	https://www.ualberta.ca/family-medicine/postgraduate/enhanced-skills
Care of the Elderly	Direct to the program	1	1	"Flexible to both urban and rural"	None	Applications Open: Aug 20 Applications Close: Oct 5 Interviews: TBD Offers: Dec 6	None	Yes	???	???	None	
GP Anesthesia	Direct to the program	19	3	Edmonton, with community rotations in surrounding areas	None	Applications Open: Aug 20 Applications Close: Oct 5 Interviews: TBD Offers: Dec 6	None	Yes	???	???	None	
Sports and Exercise Medicine	Direct to the program	???	???	Edmonton - Glen Sather Sports Medicine Clinic	None	Applications Open: Aug 20 Applications Close: Oct 5 Interviews: TBD Offers: Dec 6	None	Yes	???	???	None	
Palliative Care	Direct to the program	9	3	Edmonton	None	Applications Open: Aug 20 Applications Close: Oct 5 Interviews: TBD Offers: Dec 6	None	Yes	???	???	None	

*Data from Fall 2017 Application (July 2018 Program Start Date)

Category 1 Enhanced Skills Programs at University of Calgary

	Application Process	Number of Applicants*	Number of Seats	Sites	Cost of Application	Important Dates for 2017 Application (Dates pending for 2018 Application/2019 Start)	Return of Service Commitment	Open to practicing MDs	Telephone or Video Interviews?	Importance of on-site electives	Funded Courses	Program Website
Emergency Medicine	Via CaRMS	120-140	8	Calgary + rural	Yes, as per CaRMS	Applications Open: Aug 7 Applications Close: Sept 19 Interviews: TBD Match Day: Dec 19	None	Yes - must have demonstrated connection to Alberta	Only in special circumstances	???	Opportunities for POCUS certification \$500-1500 available for "educational opportunities"	http://calgaryfamilymedicine.ca/residency/
Care of the Elderly	Direct to the program	???	2	Calgary	None	Applications Open: Aug 21 Applications Close: Oct 6 Interviews: Ocg 30-Nov 30 Offers: Dec 7	None	Yes	???	???	None	https://calgaryfamilymedicine.ca/residency/index.php/pfino/care-of-the-elderly
GP Anesthesia	Direct to the program	???	2	Calgary + 1/12 rural	None	Applications Open: Aug 21 Applications Close: Oct 6 Interviews: Ocg 30-Nov 30 Offers: Dec 7	None	Yes	???	???	None	https://calgaryfamilymedicine.ca/residency/index.php/pfino/anaesthesia
Sports and Exercise Med	Direct to the program	???	1	Calgary	None	Applications Open: Aug 21 Applications Close: Oct 6 Interviews: Ocg 30-Nov 30 Offers: Dec 7	None	Yes	???	???	None	https://calgaryfamilymedicine.ca/residency/index.php/pfino/sport-exercise-medicine
Palliative Care	Direct to the program	???	1	Calgary + 1/12 rural	None	Applications Open: Aug 21 Applications Close: Oct 6 Interviews: Ocg 30-Nov 30 Offers: Dec 7	None	Yes	???	???	None	https://calgaryfamilymedicine.ca/residency/index.php/pfino/palliative

*Data from Fall 2017 Application (July 2018 Program Start Date)

Category 1 Enhanced Skills Programs at University of Saskatchewan

	Application Process	Number of Applicants*	Number of Seats	Sites	Cost of Application	Important Dates for 2018 Applications (2019 Start)*	Return of Service Commitment	Open to practicing MDs	Telephone or Video Interviews?	Importance of on-site electives	Funded Courses	Program Website
Emergency Medicine	Via CaRMS	~80	Regina (5) Saskatoon (4)	Regina and Saskatoon	none	Applications Open: Aug 7 Applications Close: Sept 19 Interviews: TBD Match Day: Dec 19	None	Yes	???	"Highly recommended"	EDE	http://medicinetest.usask.ca/department/clinical/family-medicine.php#Research
Family Practice Anesthesia	Direct to the program	4	2	Saskatoon with 2/12 in Prince Albert	None	???	None	Yes	Prefer live interviews	"Highly recommended"	None	
Sports and Exercise Med	Direct to the program	???	???	???	None	???	???	???	Have offered Skype and telephone interviews in the past.	"Highly recommended"	None	

*Data from Fall 2017 Application (July 2018 Program Start Date)

Category 1 Enhanced Skills Programs at University of Manitoba

	Application Process	Number of Applicants*	Number of Seats	Sites	Cost of Application	Important Dates for 2018 Applications (2019 Start)*	Return of Service Commitment	Open to practicing MDs	Telephone or Video Interviews?	Importance of on-site electives	Funded Courses	Program Website
Emergency Medicine	Via CaRMS	???	6	Winnipeg (4) Brandon (2)	As per CaRMS	Applications Open: Aug 7 Applications Close: Sept 19 Interviews: TBD Match Day: Dec 19	None	Yes All residents earn PGY3 salary	Skype interviews are available for out of province applicants.	Encouraged but are not mandatory.	-ACLS -ATLS -PALS -AIME -Procedural sedation -IP status for POCUS -Vascular Access	http://umanitoba.ca/faculties/health_sciences/medicine/units/family_medicine/7878.html
Care of the Elderly	Direct to the program	???	1	Winnipeg	None	Applications Due: Nov 1 Response from the program - second week of Nov	None	No	???	???	None	http://umanitoba.ca/faculties/health_sciences/medicine/units/family_medicine/postgrad/6677.html
FM Anesthesia	Direct to the program	???	4	Tertiary, community and rural sites	None	Applications Due: Nov 1 Response from the program: second week of Nov:	Yes	Yes	???	???	None	http://umanitoba.ca/faculties/health_sciences/medicine/units/family_medicine/8301.html
Sports and Exercise Med	Direct to the program	???	2	Winnipeg -Pan Am Clinic -Legacy Sport Medicine	None	Applications Due: Oct 31 Response from the program: second week of Nov:	None	???	???	???	None	http://umanitoba.ca/faculties/health_sciences/medicine/units/family_medicine/8303.html
Palliative Care	Direct to the program	???	Subject to change	Winnipeg Option for rural experiences	None	Applications Due: Nov 1 Response from the program - second week of Nov	None	???	???	???	None	http://umanitoba.ca/faculties/health_sciences/medicine/units/family_medicine/postgrad/6679.html

*Data from Fall 2017 Application (July 2018 Program Start Date)

Category 1 Enhanced Skills Programs at Northern Ontario School of Medicine

	Application Process	Number of Applicants*	Number of Seats	Sites	Cost of Application	Important Dates for 2018 Applications (2019 Start)	Return of Service Commitment	Open to practicing MDs	Telephone or Video Interviews?	Importance of on-site electives	Funded Courses	Program Website
Emergency Medicine	Via CaRMS	??	6	Thunder Bay (3) Sudbury (3)	CaRMS Fees	Applications Open: Aug 7 Applications Close: Sept 19 Interviews: TBD Match Day: Dec 19	IMG's - yes CMG - no	Via MOHLTC	??	??	EDE One additional (i.e. ATLS, PALS)	https://www.nosm.ca/emergency-medicine/
Care of the Elderly	NO APPLICATIONS IN 2018 (2019 START) TO THE CARE OF THE ELDERLY PROGRAM											
Anesthesia	Direct to the program	10-20	2	Sudbury (1) Sault Ste Marie (1) -1 rotation at CHEO -1 Rural rotation	None	2018 Dates TBD <i>Dates from 2017:</i> Applications Open: Aug 21 Applications Close: Oct 6, Interviews: Oct 9 to Dec 6 Offers: Dec 7 Responses: Dec 15	No	Via MOHLTC	Only in extreme circumstances	"Very little weight on this"	Support for: ATLS NRP Crisis management training at the Ottawa Anesthesia Simulation Center.	https://www.nosm.ca/fpa/

*Data from Fall 2017 Application (July 2018 Program Start Date)

Category 1 Enhanced Skills Programs at Western University

	Application Process	Number of Applicants*	Number of Seats	Sites	Cost	Important Dates for 2018 Applications (2019 Start)	Return of Service Commitment	Open to practicing MDs	Telephone or Video Interviews?	Importance of on-site electives	Funded Courses	Program Website
Emergency Medicine	Via CaRMS	London - 106 Windsor - 60	10	London (9) Windsor (1)	As per CaRMS	Applications Open: Aug 7 Applications Close: Sept 19 Interviews: TBD Match Day: Dec 19	One ROS spot (in Windsor)	No	Skype would be considered	"Highly encouraged"	None	http://www.schulich.uwo.ca/familymedicine/postgraduate/enhanced_skills_programs.html
Care of the Elderly	Direct to the program	0	23 spots across the 4 programs	London	None	Applications Open: Aug 20 Applications Close: Oct 5 Interviews: TBD Offers: Dec 6 Responses: Dec 14	None	Via MOHLTC	Yes	"It is always helpful, but not necessary"	None	
Anesthesia	Direct to the program	???		London	None	Applications Open: Aug 20 Applications Close: Oct 5 Interviews: TBD Offers: Dec 6 Responses: Dec 14	None	Via MOHLTC	Yes	"It is always helpful, but not necessary"	None	
Sports and Exercise Med	Direct to the program	24		London (Fowler Kennedy Clinic)	None	Applications Open: Aug 20 Applications Close: Oct 5 Interviews: TBD Offers: Dec 6 Responses: Dec 14	None	Via MOHLTC	Yes	"It is always helpful, but not necessary"	None	
Palliative Care	Direct to Program	13		Distributed across London, Windsor and Sarnia. 12/52 Electives	None	Applications Open: Aug 20 Applications Close: Oct 5 Interviews: TBD Offers: Dec 6 Responses: Dec 14	None	No	???	???	None	

*Data from Fall 2017 Application (July 2018 Program Start Date)

Category 1 Enhanced Skills Programs at McMaster University

	Application Process	Number of Applicants*	Number of Seats	Sites	Cost	Important Dates for 2018 Applications (2019 Start)	Return of Service Commitment	Open to practicing MDs	Telephone or Video Interviews?	Importance of on-site electives	Funded Courses	Program Website
Emergency Medicine	Via CaRMS	98	5 +2 Return of Service	Hamilton (3) Niagara (1) Kitchener-Waterloo (1)	As per CaRMS	Applications Open: Aug 7 Applications Close: Sept 19 Interviews: TBD Match Day: Dec 19	IMGs - Yes CMGs - No	Via MOHLTC	No	"Opportunity to work with staff, and leave a positive impression."	EDE Advanced POCUS	https://fammedmcmaster.ca/education/postgraduate/enhanced-skills/
Care of the Elderly	Direct to the program	???	???	Hamilton	None	Applications Open: Aug 20 Applications Close: Oct 5 Interviews: Oct 8 to Dec 3 Offers: Dec 6	None	Via MOHLTC	???	???	None	
Anesthesia	Direct to the program	???	???	6/12 Hamilton 6/12 rural hospital	None	Applications Open: Aug 20 Applications Close: Oct 5 Interviews: Oct 8 to Dec 3 Offers: Dec 6	None	Via MOHLTC	???	???	None	
Sports and Exercise Med	Direct to the program	???	???	Hamilton or Kitchener-Waterloo	None	Applications Open: Aug 20 Applications Close: Oct 5 Interviews: Oct 8 to Dec 3 Offers: Dec 6	None	Via MOHLTC	???	???	None	
Palliative Care	Direct to the program	???	???	Hamilton or Kitchener-Waterloo	None	Applications Open: Aug 20 Applications Close: Oct 5 Interviews: Oct 8 to Dec 3 Offers: Dec 6	None	Via MOHLTC	???	???	None	

*Data from Fall 2017 Application (July 2018 Program Start Date)

Category 1 Enhanced Skills Programs at University of Toronto

	Application Process	Number of Applicants*	Number of Seats	Sites	Cost	Important Dates for 2018 Applications (2019 Start)	Return of Service Commitment	Open to practicing MDs	Telephone or Video Interviews?	Importance of on-site electives	Funded Courses	Program Website
Emergency Medicine	Via CaRMS	Approx 100	7	Toronto	As per CaRMS	Applications Open: Aug 7 Applications Close: Sept 19 Interviews: TBD Match Day: Dec 19	IMGs - yes CMGs - no	Via MOHLTC	If approved by Program Director	"We encourage our applicants to know the program"	EDE Support for CEUS status	http://www.dfc.utoronto.ca/enhanced-skills-program-emergency-medicine
Care of the Elderly	Direct to the program	2-9	3	Toronto	No cost	2018 Dates TBD <i>Dates from 2017:</i> Applications Open: Aug 21 Applications Close: Oct 6 Interviews: Oct 27 to Nov 30 Offers: Dec 7 Responses: Dec 15	None	Via MOHLTC *Sponsored Visa Trainees accepted	Skype - yes Phone - no In person - preferred	"It is recommended that applicants inquire with each program director"	None	http://www.dfc.utoronto.ca/enhanced-skills-program-care-elderly
Anesthesia	Direct to the program	16	4	Toronto has rural rotations	No cost		None	Via MOHLTC	Only for very exceptional circumstance	"It is recommended that applicants inquire with each program director"	NOSM's "FPA Boot Camp"	http://www.dfc.utoronto.ca/enhanced-skills-program-fp-anesthesia
Sports and Exercise Med	Direct to the program	??	2	Toronto	No cost		None	Via MOHLTC *Sponsored Visa Trainees accepted	???	"It is recommended that applicants inquire with each program director"	Mandatory to complete Sport First Responder Course during residency	http://www.dfc.utoronto.ca/enhanced-skills-program-sports-and-exercise-medicine
Palliative Care	Direct to the program	19	2	Toronto	No cost		None	Via MOHLTC *Sponsored Visa Trainees accepted	No	"It is recommended that applicants inquire with each program director"	None	http://www.dfc.utoronto.ca/enhanced-skills-program-palliative-care-12-month-program

*Data from Fall 2017 Application (July 2018 Program Start Date)

Category 1 Enhanced Skills Programs at Queen's University

	Application Process	Number of Applicants*	Number of Seats	Sites	Cost	Important Dates for 2018 Applications (2019 Start)	Return of Service Commitment	Open to practicing MDs	Telephone or Video Interviews?	Importance of on-site electives	Funded Courses	Program Website
Emergency Medicine	Via CaRMS	120	8	Kingston Rotation at CHEO	As per CaRMS	Applications Open: Aug 7 Applications Close: Sept 19 Interviews: TBD Match Day: Dec 19	IMGs - yes CMGs - no	No	Will consider on a case by case basis	Encouraged but not mandatory	\$800 education allowance	https://familymedicine.queensu.ca/education/enhanced/emergency_medicine
Care of the Elderly	Direct to the program	~2-5	1-2 depending on ES program allocation	Kingston	No cost	Applications Open: Aug 20 Applications Close: Oct 5 Interviews: Oct 9 to Dec 5 Offers: Dec 6 Responses: Dec 14	No	Via MOHLTC	Will consider on a case-by-case basis	Encouraged but not mandatory	\$800 education allowance	http://familymedicine.queensu.ca/education/enhanced/elderly
Anesthesia	Direct to the program	~16	2	Kingston Rotation at CHEO	No cost	Applications Open: Aug 20 Applications Close: Oct 5 Interviews: Oct 9 to Dec 5 Offers: Dec 6 Responses: Dec 14	No	Via MOHLTC	Will consider on a case-by-case basis	Encouraged but not mandatory	\$800 education allowance	http://familymedicine.queensu.ca/education/enhanced/anesthesia
Palliative Care	Direct to the program	6-15	Depends on ES program allocation	Kingston	No cost	Applications Open: Aug 20 Applications Close: Oct 5 Interviews: Oct 9 to Dec 5 Offers: Dec 6 Responses: Dec 14	No	Via MOHLTC	Yes	Encouraged but not mandatory	\$800 education allowance	https://meds.queensu.ca/programs/palliativecare

*Data from Fall 2017 Application (July 2018 Program Start Date)

Category 1 Enhanced Skills Programs at University of Ottawa

	Application Process	Number of Applicants*	Number of Seats	Sites	Cost	Important Dates for 2018 Applications (2019 Start)	Return of Service Commitment	Open to practicing MDs	Telephone or Video Interviews?	Importance of on-site electives	Funded Courses	Program Website
Emergency Medicine	CaRMS	Variable	5	Ottawa (4) Montfort (1)	As per CaRMS	Applications Open: Aug 7 Applications Close: Sept 19 Interviews: TBD Match Day: Dec 19	IMGs - yes CMG - no	Only if they have external funding	Contact program to inquire	Encouraged	-ACLS -ACLS instructor -ATLS -\$1000 education fund	http://med.uottawa.ca/family/postgraduate-education/our-program/pgy-enhanced-skills-programs/emergency-medicine
Care of the Elderly	Direct to the program	wide variation	1-2	Across Ottawa	None	Applications Open: Aug 20 Applications Close: Oct 5 Interviews: Oct 19 to Nov 16 Offers: Dec 6	None	No	Contact program to inquire	Encouraged	???	http://med.uottawa.ca/family/postgraduate-education/our-program/pgy-enhanced-skills-programs/care-elderly
Family Practice Anesthesia	Direct to the program	varies	1-2	-The Ottawa Hospital -CHEO -Community hospitals	None	Applications Open: Aug 20 Applications Close: Oct 5 Interviews: Oct 19 to Nov 16 Offers: Dec 6	None	No	Contact program to inquire	Encouraged	???	https://med.uottawa.ca/family/postgraduate-education/our-program/pgy-enhanced-skills-programs/fp-anesthesia
Sports and Exercise Med	Direct to the program	varies	1-2	Ottawa	None	Applications Open: Aug 20 Applications Close: Oct 5 Interviews: Oct 19 to Nov 16 Offers: Dec 6	None	No	Contact program to inquire	Encouraged	Sports First Responder	http://med.uottawa.ca/family/postgraduate-education/our-program/pgy-enhanced-skills-programs/sport-and-exercise-medicine
Palliative Care	Direct to the program	varies	3-4	-Elizabeth Bruyère Hospital -The Ottawa Hospital -Regional Palliative Consult Team	None	Applications Open: Aug 20 Applications Close: Oct 5 Interviews: Oct 19 to Nov 16 Offers: Dec 6	None	No	Contact program to inquire	Encouraged	???	https://med.uottawa.ca/family/postgraduate-education/our-program/pgy-enhanced-skills-programs/palliative-medicine

*Data from Fall 2017 Application (July 2018 Program Start Date)

Category 1 Enhanced Skills Programs at McGill University

	Application Process	Number of Applicants*	Number of Seats	Sites	Cost	Important Dates for 2018 Applications (2019 Start)	Return of Service Commitment	Open to practicing MDs	Telephone or Video Interviews?	Importance of on-site electives	Funded Courses	Program Website
<i>For programs other than Emergency, the programs are run in English. It is helpful to speak French, but not required.</i>												
Emergency Medicine	Via CaRMS	Varies	10	-Regular Stream (6) -Contingent Particulier (4)	As per CaRMS	Applications Open: Aug 7 Applications Close: Sept 19 Interviews: TBD Match Day: Dec 19	No	Yes - contact the program directly for info about McGill's contingent particulier.	???	McGill grads prioritised	-ACLS -ATLS -PALS	https://www.mcgill.ca/emergency/programs/cfpc
Care of the Elderly	Direct to the program	Varies	???	Sites around Montreal	\$113.27	Applications Open: Aug Applications Close: Sept 13	No	Yes - contact the program directly for info about McGill's contingent particulier.	???	McGill grads prioritised	???	https://www.mcgill.ca/familymed/education/postgrad/enhancedskillsprograms/coe
Sports and Exercise Med	Direct to the program	Varies	???	Sites around Montreal	\$113.27	Applications Open: Aug Applications Close: Sept 13	???	No	???	McGill grads prioritised	???	https://www.mcgill.ca/familymed/education/postgrad/enhancedskillsprograms/spomed
Palliative Care	Direct to the program	Varies	2	Sites around Montreal	\$113.27	Applications Open: Aug Applications Close: Sept 13	No	No	???	McGill grads prioritised	???	https://www.mcgill.ca/familymed/education/postgrad/enhancedskillsprograms/pc

*Data from Fall 2017 Application (July 2018 Program Start Date)

Category 1 Enhanced Skills Programs at Université de Montréal

	Application Process	Number of Applicants*	Number of Seats	Sites	Cost	Important Dates for 2018 Applications (2019 Start)	Return of Service Commitment	Open to practicing MDs	Telephone or Video Interviews?	Importance of on-site electives	Funded Courses	Program Website
Family Medicine - Emergency Medicine	Via CaRMS	Varies	12	-Regular Stream (10) -Contingent Particulier (2)	As per CaRMS	Applications Open: Aug 7 Applications Close: Sept 19 Interviews: TBD Match Day: Dec 19	Unknown	No	No	Encouraged	If not certified: -ACLS -ATLS -PALS -BLS	https://medpostdo.c.umontreal.ca/programmes/programme-de-competences-avancees-en-medecine-de-famille-medecine-durgence/
Care of the Elderly	Direct to the program	Varies	3	Sites around Montreal	None	Applications are due by 1700h on the first Friday of November.	Unknown	No	???	Encouraged	???	https://medpostdo.c.umontreal.ca/programmes/soins-aux-personnes-agees/
Palliative Care	Direct to the program	Varies	2	Sites around Montreal	None	Applications are due by 1700h on the first Friday of November.	Unknown	Depends on where you studied (see note about Quebec program specifics listed in the notes)	???	Encouraged	???	https://medpostdo.c.umontreal.ca/programmes/programme-de-competences-avancees-en-soins-palliatifs/

*Data from Fall 2017 Application (July 2018 Program Start Date)

Category 1 Enhanced Skills Programs at Université de Laval

	Application Process	Number of Applicants*	Number of Seats	Sites	Cost	Important Dates for 2018 Applications (2019 Start)	Return of Service Commitment	Open to practicing MDs	Telephone or Video Interviews ?	Importance of on-site electives	Funded Courses	Program Website
Emergency Medicine	Via CaRMS	???	8	-Regular Stream (7) -Contingent Particulier (1)	As per CaRMS	Applications Open: Aug 7 Applications Close: Sept 19 Interviews: TBD Match Day: Dec 19	???	???	???	???	Recertification courses (eg ACLS, PALS) reimbursed by the FMRQ.	http://www.fmed.ulaval.ca/les-programmes-detudes/etudes-en-medecine/residences-etudes-medicales-postdoctorales/residence-en-medecine-durgence-formation-complementaire/presentation/
Care of the Elderly	Direct to the program	???	???	Sites around Quebec City	None	Applications are due in September	???	???	???	???	???	http://www.fmed.ulaval.ca/les-programmes-detudes/etudes-en-medecine/residences-etudes-medicales-postdoctorales/residence-en-soins-aux-personnes-agees/presentation/
Palliative Care	Direct to the program	???	???	Sites around Quebec City	None	Applications are due in September	???	???	???	???	???	http://www.fmed.ulaval.ca/les-programmes-detudes/etudes-en-medecine/residences-etudes-medicales-postdoctorales/residence-en-medecine-palliative/presentation/

*Data from Fall 2017 Application (July 2018 Program Start Date)

Category 1 Enhanced Skills Programs at Université de Sherbrooke

	Application Process	Number of Applicants*	Number of Seats	Sites	Cost	Important Dates for 2018 Applications (2019 Start)	Return of Service Commitment	Open to practicing MDs	Telephone or Video Interviews?	Importance of on-site electives	Funded Courses	Program Website
Emergency Medicine	Via CaRMS	"Considerable variation from year to year"	7	Sherbrooke (3), Longueuil (2), Chicoutimi (2)	As per CaRMS	Applications Open: Aug 7 Applications Close: Sept 19 Interviews: TBD Match Day: Dec 19	None	No	Will consider under exceptional circumstances.	No strict requirement for on-site elective or elective in that field.	Recertification courses (such as ACLS, PALS) are reimbursed by the FMRQ	https://www.usherbrooke.ca/dep-medecine-famille/programmes/programme-de-competences-avancees-en-medecine-de-famille/programme-de-competences-avancees-en-medecine-durgence/
Care of the Elderly	Direct to the program	???	3	Sherbrooke	\$83	applications due September	None	No	Will consider under exceptional circumstances.	No strict requirement for on-site elective or elective in that field.	???	https://www.usherbrooke.ca/dep-medecine-famille/programmes/programme-de-competences-avancees-en-medecine-de-famille/programme-de-competences-avancees-en-soins-aux-personnes-agees/
Palliative Care	Direct to the program	???	2	Sherbrooke	\$83	applications due September	None	Yes	Will consider under exceptional circumstances.	No strict requirement for on-site elective or elective in that field.	???	https://www.usherbrooke.ca/dep-medecine-famille/programmes/programme-de-competences-avancees-en-medecine-de-famille/programme-de-competences-avancees-en-soins-palliatifs/

*Data from Fall 2017 Application (July 2018 Program Start Date)

Category 1 Enhanced Skills Programs at Dalhousie University

	Application Process	Number of Applicants*	Number of Seats	Sites	Cost	Important Dates for 2018 Applications (2019 Start)	Return of Service Commitment	Open to practicing MDs	Telephone or Video Interviews?	Importance of on-site electives	Funded Courses	Program Website
Emergency Medicine	Via CaRMS	Around 90	4	Sites across Nova Scotia, New Brunswick and Toronto	As per CaRMS	Applications Open: Aug 7 Applications Close: Sept 19 Interviews: TBD Match Day: Dec 19	None	Yes	Under extenuating circumstances	"On-site electives are important"	AIME	https://medicine.dal.ca/departments/departments/sites/emergency/education/postgraduate/PostgradResidencyPrograms.html
Care of the Elderly	Direct to the program - contact: allister.barton@dal.ca	usually <10	1	Halifax, NS + rural rotation (can be anywhere across Maritime provinces)	None	Applications Open: July 1 Applications Close: Aug 20 Interviews: Oct 1-31 Offers: Dec 6 Response: Dec 14	None	Yes	Telephone/video interview possible, but in-person preferred.	On-site electives are not required.	None	https://medicine.dal.ca/departments/departments/sites/family/education/EnhancedSkillsPrograms/Careoftheelderly.html
Palliative Care	NO APPLICATIONS IN 2018 (2019 START) TO THE PALLIATIVE CARE PROGRAM OFFERED EVERY OTHER YEAR											

*Data from Fall 2017 Application (July 2018 Program Start Date)

Category 1 Enhanced Skills Programs at Memorial University of Newfoundland

	Application Process	Number of Applicants*	Number of Seats	Sites	Cost	Important Dates for 2018 Applications (2019 Start)	Return of Service Commitment	Open to practicing MDs	Telephone or Video Interviews?	Importance of on-site electives	Funded Courses	Program Website
Emergency Medicine	Via CaRMS	92	5	-St John's, NL -Grand Falls Windsor, NL	As per CaRMS	Applications Open: Aug 7 Applications Close: Sept 19 Interviews: TBD Match Day: Dec 19	None	Yes	In-person only	"Extremely important, or having a reference written by somebody known to the ranking committee"	POCUS training	http://www.med.mun.ca/familymed/postgrad/enhancedskills/Third-Year-EM.aspx
Care of the Elderly	Direct to the program,	2-3	2	-St John's, NL -Botwood, NL (4 wks) and -St John, NB (4 wks)	None	Applications due: March 31	None	Yes	A skype interview may be considered under exceptional circumstances	Preference is given to applicants who have completed electives in NL	None	http://www.med.mun.ca/Family-Medicine/Postgraduate/Enhanced-Skills/-Care-of-the-Elderly.aspx

*Data from Fall 2017 Application (July 2018 Program Start Date)

What are Enhanced Skills Programs, or “CACs”?

While family physicians are trained to be generalists and provide a wide scope of care, there are communities that require physicians who have enhanced areas of expertise in order to provide comprehensive care. These enhanced skills are recognized by a “Certificate of Added Competence” (CAC) through the College of Family Physicians of Canada (CFPC). These CACs are meant to acknowledge family physicians who have completed enhanced skills training and continue to maintain their added competency. There are certain CACs which are recognized and overseen nationally by the CFPC, and there are others which are recognized on a local level.

The nationally recognized CAC domains in family medicine refer to:

- Care of the Elderly (COE)
- Emergency Medicine (EM)*
- Family Practice Anesthesia (FPA)
- Palliative Care (PC)
- Sports and Exercise Medicine (SEM)
-

**At this time, only EM has a national exam for certification*

These CACs are officially recognized by the CFPC and have completed an accreditation process. When individuals complete their CAC training, they receive an official designation to indicate that added competency and a diploma. Individuals are required to uphold their competency by maintaining their status as a CFPC member and through Mainpro+ continuing professional development.

Some universities offer additional training for family physicians to address locally recognized areas of need, and to provide family physicians with a means to gain additional education. However, these competencies are not recognized at a national level by the CFPC, and do not give the trainee an official designation. Each university is able to provide unique enhancing training that fulfill local needs, and the length of the added training varies at each site. Obtaining these specific enhanced skill is university dependent and based on the resources they have available for training.

The process of obtaining a CAC depends on the level of training an individual has achieved. In its simplest form, there is a residency route and a pending practice eligible route. The residency route involves applying through a CaRMs-style process with application deadlines and interviews; there are a limited number of spots per university. The pending practice eligible route is for graduated physicians who are not practicing within an added competence, but would like to acquire those skills without completing a residency program. The CFPC is working on this process and will have more details about its implementation in 2018.

There was previously a leadership route for certification in 2015 that is now closed. That was intended for physicians who were practicing within an added competency, but did not complete an official residency training program for it. The College is looking to add a time-limited added competency verification route in 2018 for a similar purpose.

Further information can be obtained through the CFPC website: <http://www.cfpc.ca/CAC/>

About This Guide

This document is intended to be an overview of the Category 1 Enhanced Skills Programs available for Family Medicine trained physicians in Canada. This document was developed because (to the best of our knowledge) no other resource compares the 17 program across Canada in one document.

While we have made every effort to ensure that the information provided is accurate and current, please refer to each program directly to confirm any relevant details.

This document was prepared by the Society of Rural Physicians of Canada (SRPC) Resident Committee.

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